

FREE Divorce Education Classes for Children Ages 9-12



Why?

Children, as well as adults need information about the divorce process. The class helps identify feelings common to children in divorce situations, while teaching communication skills to empower children to express their feelings. The class covers the divorce process and explains that it is not the child's fault.

What?

A two hour class taught by experienced mental health professionals who address the most common issues of children whose parents are divorcing and discuss various coping alternatives.

When?

Classes are held twice a month in Salt Lake and once a month in Logan, Ogden, Provo and St. George. For a current class schedule, go to www.utcourts.gov/divorceedforchildren/ or call (801) 578-3897.

Where?

Scott M. Matheson Courthouse,
450 South State Street,
West Jordan Courthouse, 8080 S. Redwood Rd
Logan Courthouse, 135 North 100 West
Ogden Courthouse, 2525 Grant Ave.
Provo Courthouse, 125 North 100 West
St. George Courthouse, 206 W. Tabernacle

Cost?

There is no cost to attend. The classes are free of charge.

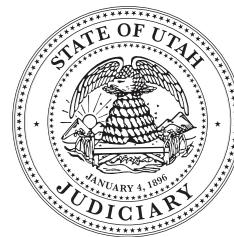
Here are some of the responses from children who have attended the class and parents whose children have attended the class:

"I learned that my parents decide why they want a divorce and I don't need to get caught up in it."

"I learned the divorce is not my fault."

"My child is more confident in talking about her anger and more able to express her hurt."

In memory of Commissioner Michael S. Evans, who loved children and created this program.



ADMINISTRATIVE OFFICE OF THE COURTS
450 South State Street
Salt Lake City, UT 84114

(801)578-3800 | www.utcourts.gov

Classes are available in Logan,
Ogden, Provo, Salt Lake, West
Jordan and St. George

Divorce Education for Children

When adults go through a divorce, there are programs available to assist them in making the transition, including a mandatory class offered through the Utah State Courts. But what about the children of divorcing parents? A gap exists between programs that are available for adults and classes available for children of divorcing parents. To fill this need, the Utah State Courts has developed a program called Divorce Education for Children.

Children's Class

A Divorce Education for Children class is available for children 9- to 12-years old (3rd, 4th, 5th and 6th grades) whose parents are divorced or divorcing. The class is presented twice each month in Salt Lake and once a month in Logan, Ogden, Provo and St. George. The program's curriculum provides children with skills they can use to better express their feelings to parents. Mental health professionals teach the class with the assistance from state court judges and commissioners.

The class is not intended as psychotherapy and participation in the children's class is voluntary. The class is offered free of charge.

Children often feel responsible for their parents' divorce. The course is designed to minimize the adverse effects divorce has on children by teaching them coping skills.

*In 2016, **13,261** divorce cases were filed in Utah;*

***12,347** children were involved in those cases.*

Our mission is to educate Utah families experiencing parental separation by empowering children with the tools that will enhance their social and emotional well being.

Our vision is that every child in Utah can experience a healthy family transition in a divorce or separation

Registration

Here's How to Register.

To view the class schedules and locations please go to www.utcourts.gov/divorcedforchildren/

To register for an upcoming class, go to www.utcourts.gov/specproj/dived/children-register.asp

Or call (801) 578-3897 with questions

Pre-registration is mandatory

A confirmation will be sent prior to the class. Thank you for registering your child(ren) up for the class. We hope this will help with a smooth transition for your child(ren) during your divorce.

Please note, the class is intended only for children. Parents and others will not be allowed to attend the class.