

Divorce Education for Children

When adults go through a divorce, there are programs available to assist them in making the transition, including a mandatory class offered through the Utah State Courts. But what about the children of divorcing parents? A gap exists between programs that are available for adults and classes available for children of divorcing parents. To fill this need, the Utah State Courts has developed a program called Divorce Education for Children.

Children's Class

A Divorce Education for Children class is available for children 9- to 12-years old (3rd, 4th, 5th and 6th grades) whose parents are divorced or divorcing. The class is presented twice each month in Salt Lake and once a month in Logan, Ogden, and St. George. The program's curriculum provides children with skills they can use to better express their feelings to parents. Mental health professionals teach the class with the assistance from state court judges and commissioners.

The class is not intended as psychotherapy and participation in the children's class is voluntary. The class is offered free of charge.

Children often feel responsible for their parents' divorce. The course is designed to minimize the adverse effects divorce has on children by teaching them coping skills.

*In 2016, **13,261** divorce cases were filed in Utah;*

***12,347** children were involved in those cases.*

Our mission is to educate Utah families experiencing parental separation by empowering children with the tools that will enhance their social and emotional well being.

Our vision is that every child in Utah can experience a healthy family transition in a divorce or separation

Registration

Here's How to Register.

To view the class schedules and locations please go to www.utcourts.gov/divorcedforchildren/

To register for an upcoming class, go to <http://www.utcourts.gov/specproj/dived/children-register.asp>
Or call (801) 578-3897 with questions

Pre-registration is mandatory

A confirmation will be sent prior to the class. Thank you for registering your child(ren) up for the class. We hope this will help with a smooth transition for your child(ren) during your divorce.

Please note, the class is intended only for children. Parents and others will not be allowed to attend the class.