

Participant Manual



SEVENTH DISTRICT ADULT DRUG COURT
MONTICELLO, UTAH

Welcome to the San Juan County Adult Drug Court

This Handbook is designed to introduce you to the San Juan County Drug Court program, answer your questions and provide overall information about the Drug Court Program. As a participant, you will be expected to follow the instructions given in Drug Court by the Judge and comply with the treatment plan developed for you by the treatment team. If you are reading this Handbook it means that we are confident that Drug Court will help you to learn how to make successful choices free of the influence of drugs or alcohol.

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Overview

San Juan County Adult Drug Court is a four-phase intervention program for adults who have pled guilty to one or more drug offenses and who are having difficulty staying clean and sober. It is a collaborative effort between the Seventh District Court, County Attorney's Office, Public Defender's Office, Adult Parole and Probation, San Juan Counseling Center, and San Juan County Sheriff's Office. By working together, they seek to provide a variety of programs and consistent supervision geared toward supporting you and helping you to maintain a drug-free life.

Drug Court involves frequent Court appearances, random drug testing, home and community visits by the Drug Court Tracker/Officer and Probation or Parole Officer, and group and individual counseling. There is also an employment/education requirement in the program. The Court awards incentives for compliant behavior and imposes sanctions for negative behavior.

Participants who do not comply with the rules may be placed in custody, moved back to the previous phase of Drug Court or receive a variety of other sanctions. They may also be terminated from Drug Court. All of the staff working with Drug Court will assist you to be sure you understand what is expected of you.

Drug Court Team

The Drug Court Judge will make all decisions regarding your participation in the Drug Court Program with input from the Drug Court Team. In addition to the Judge, the Drug Court Team consists of the following members:

Drug Court Team	My Team
San Juan Public Defender (your attorney)	435-259-9418, 435-260-1515
San Juan County Attorney	435-587-2128
Treatment Provider: San Juan Counseling	435-678-2992
Drug Court Tracker or Officer	435-587-2237
Adult Probation and Parole	Monticello: 435-587-2237, Moab Office: 435-259-7411x211

Judge's Role

The Drug Court Judge is aware of the significant impact of substance abuse on families and communities. The Judge is committed to the drug court process and the goals within a drug court system. After taking into consideration all relevant information and input from each drug court team member the Judge will make decisions regarding each participant's progress through the drug court system. The Judge will make final decisions related to imposition of sanctions or penalties and also incentives.

The Drug Court Judge has many judicial responsibilities and obligations and is prohibited from discussing a case unless all parties are present. Direct contact with the Judge outside of the court

room setting regarding anything that is drug court related is not permitted. Any Motions or requests from a participant must follow the respective court process and appropriate channels. The Drug Court Judge will attend all drug court team meetings and staffing and will gather information about the participant's progress or lack of progress. The Judge will stay up-to-date on each participant's case. The Drug Court Judge will stay up-to-date on the best practices of the drug court process and will direct the drug court process accordingly.

San Juan County Attorney's Role (Prosecutor)

The San Juan County Attorney will screen each applicant for eligibility for the San Juan County Adult Drug Court program. The County Attorney attends the drug court staffing meetings to receive information about the case and to be a part of the discussion regarding progress or lack of progress and the discussion surrounding sanctions and/or incentives.

Defense Attorney Role (Your Attorney)

The Defense Attorney's role is to evaluate the drug court participant's legal situation and protect his/her legal rights. The Defense Attorney attends the drug court staffing meetings and the drug court hearings and is part of the process of discussion the participant's case regarding progress or lack of progress and the discussion surrounding sanctions and/or incentives.

Probation Officer's Role

The assigned probation officer handles supervision of the participant's case. This probation officer will also attend the drug court staffing meetings and will be directly involved in the discussions surrounding progress or lack of progress and the discussion surrounding sanctions

and/or incentives. The probation officer will also report information to the judge and drug court team that relate to the participant's probation terms and conditions. The participant must comply with all drug court requirements as well as all requirements of the probation officer. The probation officer may make home visits and may perform on-the-spot drug testing. Probation officer also may coordinate efforts with the Drug Court Tracker Officer.

Drug Court Tracker/ Officer Role

The Drug Court Tracker is a Deputy of the San Juan County Sheriff's Office and his responsibility is for monitoring and supervising a drug court participant. As a drug court participant you are agreeing to the fact that the drug court tracker has the authority to visit or search your person or place of residence, day or night. This could include where you may be such as at school, at work, at church. The drug court tracker will also enforce the curfew that has been set for the participant. Drug court trackers also watch to see if the participant affiliates with known drug users. The drug court tracker can arrest and incarcerate any drug court participant who violates curfew, associating with known drug users, uses illicit or unapproved drugs or medications. The participant would be held until the Judge issues an order that gives instructions as to how to proceed with the situation.

Treatment Clinician's Role

The first role of the treatment clinician is to evaluate and assess the treatment needs of each drug court participant. That clinician will provide/manage the needed treatment for each participant in the drug court program. Clinician's also attend each drug court staffing meetings with other

members of the drug court team to keep them informed of the participant's progress through treatment. It is the clinician's responsibility to share needed information with the drug court staffing team to assist with the participant's continued sobriety.

Progress Reports

Before your Drug Court hearing, the Judge will be given a progress report presented by the Treatment Provider, Tracker and any other team member. The progress report will discuss your drug testing results, attendance, participation and cooperation in the treatment program, attendance at support meetings, employment or other requirements that may have been imposed. The Tracker will report on any random drug testing he has completed and any issues with curfew, housing, etc.

The Judge may ask questions about your progress and discuss any problems you may be having. If you are doing well you may be rewarded with incentives. If your progress reports show that you are not doing well, the Judge will discuss this with you and determine action, which could include a sanction in order to help you remember your goals in the program. Sanctions can range from anything from writing reports to increased service hours to jail custody to termination from the program.

Drug Court Hearings

As a Drug Court participant, you will be required to appear in Drug Court on a regular basis. Failure to appear will result in a warrant being issued for your arrest and detention in jail until you can appear before the Court. You will have opportunities to make presentations in the court hearing, discuss with the judge and team members progress or lack of progress. You may be rewarded during this hearing for compliance and moving forward in the program or may be sanctioned or given negative consequences for poor performance, UA's that show use or lack of progress. The phases of Drug Court are listed on the next page. At first glance, the requirements may seem overwhelming, but you will see that the same basic requirements are repeated throughout the phases.

Courtroom Behavior and Rules

All individuals participating in The San Juan County Adult Drug Court Program will adhere to the following rules, remembering that although this isn't the traditional court proceedings it is still a Court proceeding and participants shall govern themselves accordingly.

1. When addressing the Judge, the participant shall approach the bench with the utmost respect for the position.
2. Participants will attend all scheduled Court appearances on time and immediately be seated in the Courtroom.
3. Participants will not talk in the Courtroom during Drug Court proceedings. Should it be absolutely necessary to bring your children to the courtroom, please keep them quiet or step out of the Courtroom should the need arise. Participants will not bring food or drink into the Courtroom.
4. The participant will not lean against the podium but will stand appropriately and speak clearly enough that the Judge and other team members can hear the responses to the Court.
5. The participant will remain in the Courtroom until he/she is dismissed by Judge.
6. In order to be excused from Court or other Drug Court requirements, there must be approval from the Court. A motion must be filed setting forth the requested relief and the reason for the request. The motion must have the input of the County Attorney. All motions will be held for 10 working days prior to submission to the Court unless there is a stipulation or response from the San Juan County Attorney.
7. If a participant does not appear on his/her regularly scheduled Court date and is not

excused from Court, the Judge may order a Warrant be issued against the participant.

8. If a participant should come in contact with any form of law enforcement, it is their responsibility to report such contact to the Court and counselor at as soon as possible.
9. The participant is subject to search by the Drug Court or representative(s) of the Drug Court or any law enforcement agency. In addition, the participant's vehicle, residence and property under his/her control are subject to search, should a representative(s) deem it necessary.
10. Participants cannot leave San Juan County without The Drug Courts approval. Requested permission to leave the county must be in writing and given to the counselor to present to the Drug Court Team during staffing. Necessary information includes: address and phone number where participant will be traveling to; date and time of departure and return; and the purpose of the request to travel. The participant will be required to complete a urinalysis test immediately after returning to San Juan County or the following day.
11. If participant is moving within the San Juan County area, he/she is required to advise the Court of the move. If the move is going to be out of county, the participant is required to petition the Court to move. If the participant is requesting to move out of a Court imposed living arrangement, he/she must get prior permission from the Court.
12. The participant will maintain gainful employment and maintain that employment as long as he/she is physically able to do so. If employment should change, the Court will be notified. If the participant is not employed he/she can maintain full-time student status or complete community service hours as ordered or a combination of the two to meet this

requirement.

13. The participant agrees not to consume or purchase alcoholic beverages or illegal drugs, nor to visit places where alcohol or illegal drugs are sold, dispensed, or used. This includes patronizing places such as bars, liquor stores, taverns, clubs, parties or places where alcohol is the main item for sale or consumption.
14. The participant will not possess any dangerous weapon of any kind, including firearms and knives.
15. The participants will dress appropriately for Court as follows:
 - a. No tank tops, muscle shirts, crop-tops, starter jackets or shirts with obscene words or pictures.
 - b. No sagging (i.e. pants or shorts that hang below the waist).
 - c. No unbuttoned shirts.
 - d. No hats, caps or bandanas.
 - e. No gang attire of any kind.
 - f. No cell phones or pagers.
 - g. No shorts, even in summertime.

Drug Court Motions

The Drug Court Judge is ethically prohibited from discussing your case with you outside of the presence of all the parties and outside of the courtroom. From time to time, you may want to ask the Court permission, prior to the next Court date, to be excused from certain Drug Court obligations. The proper way to contact the court is to fill out a motion.

Motions can be obtained from the District Court Clerk's Office. Only motions that pertain to Drug Court obligations should be filed. The Drug Court Judge will not rule on any motions related to your case unless it involves Drug Court. Motions should be used sparingly and only for unavoidable circumstances.

Please be aware that your motion will not be presented to the Judge until all of the parties (County Attorney, Public Defender, etc.) have had an opportunity to add their comments to the motion.

Unless you take the motion to all of the parties for their comments prior to turning the motion into the Court, the Judge will not receive the motion for at least 10 working days. It is important that you file your motions in a timely manner and that you put as much detail as you can in the motion.

This will better help the Drug Court Judge make a decision.

Protocol for Missing Treatment

If you are going to miss a treatment session, you need to follow the steps below. However, following the steps below does not guarantee that the Court or the treatment provider will excuse missing treatment. If the Court or the treatment provider does not excuse the miss, and you choose to miss treatment anyway, you will be held accountable for that miss and you will receive a sanction. Please remember that treatment is an essential part of the Drug Court Program and misses are not excused very often. It is important that you make every effort possible to never miss treatment.

1. You need to call your treatment provider **BEFORE** you miss treatment and explain the reason why you are going to miss.
 - If you fail to call before the miss, it will automatically be unexcused.
2. You need to follow any instructions your treatment provider gives you for your missing treatment.
 - For example, attend extra meetings, provide verification of doctor appointments, etc.

NOTE: Keep in mind that your treatment provider will only excuse missing treatment in cases where there is a valid reason and when every possible effort was made to avoid the miss.

3. You must follow all treatment recommendations made by your treatment provider.
 - These may include one or a combination of the following: individual therapy, group therapy, marital therapy, family therapy, other meetings or other recommendations.

Phases of Drug Court

Drug Court is a minimum 18-month program divided into four phases. A participant must successfully complete each phase before transitioning to the next phase. Each phase has a key concept or focus. The program will take a minimum of 18 months from entry to completion.

Phase I: Honesty and Ownership: Responsibility to Self	This phase is intended to offer stabilization to the participant. The minimum duration of Phase I is four months.
Phase II- Maintenance of Recovery and Responsibility to Others	Phase II is characterized as beginning treatment and recognition of the pain caused to others. The minimum duration of Phase II is four months.
Phase III- Maintenance of Recovery and Responsibility to Self and Others	Phase III is characterized by maintaining and enhancing progress. The minimum duration of Phase III is four months.
Phase IV- Re-enforce & maintain a clean sober and legal lifestyle	Phase IV is the final phase of the program. The minimum duration for Phase IV is 6 months.

NOTE: The times stated for the duration of any one phase is a minimum time frame. Participants who are not in compliance may not advance within the time frame provided. Participants may be required to restart any phase depending on circumstances of non-compliance.

Phase I- Honesty and Ownership: Responsibility to Self

This phase is intended to offer stabilization to the participant. The minimum duration of Phase I is four months.

Court Requirements	Participants will be required to attend court every other week. Court convenes on the scheduled Monday, promptly at 9:00 a.m.
Counseling	Participants are required to attend treatment at San Juan Counseling as recommended by their therapist. The frequency of individual therapy is every week unless otherwise specified by their therapist and group therapy for this phase is a minimum of two times per week. Other treatment services such as marital or family counseling may also be required.
Self Help	Participants are to attend Alcoholics Anonymous, Narcotics Anonymous, and/or a similar program, a minimum of once per week for each week of the phase. Participants must also complete step 1 in the 12-step program of their choice (or the equivalent to step 1 as indicated by the alternative program). All self-help meetings must be approved by the drug court team.
Progress Reports	<p>Weekly tracking Participants will be provided with a "Weekly Progress Form" to list their daily work requirements, attendance at AA/NA, group and individual therapy attended and any drug testing that was completed during the week. The Weekly Progress Form must be signed by the employer, school official or community service supervisor, sponsor of AA/NA.</p> <p>It is to be turned in to San Juan Counseling Center on Friday before 3:00 p.m. or turned in to the Tracker at the Sheriff's Office by Friday at 4:00 PM forms may be faxed to the Tracker: 435-678-2013.</p> <p>It is the participant's responsibility to make a copy of the Weekly Progress Form and to bring those copies with them to the next drug court hearing.</p>
Random Drug Testing	Participants will be required to call in daily to an "800" number to determine whether or not they are scheduled to test that day. Participants will be required to test randomly throughout the week.
Assignments	<p>There are specific assignments given in this phase by the treatment providers and each of these assignments must be completed before advancement to the next phase.</p> <p>At the start of the phase participants are to make a "owning your story" presentation to the other drug court participants during group therapy as means to introduce themselves and gain group support.</p>

	For this phase clients will also be required to complete/demonstrate substantial progress on either a recovery skills work book or the MRT workbook depending on the group schedule at the time the participant enters the program. Either of these workbooks will be completed in conjunction with individual and group therapy. Participants will also set and accomplish two self-identified goals during this phase determined in collaboration with the drug court therapist. These goals must be presented to the drug court team by the participant's second drug court appearance in the phase.
Clean Time	Participants will be required to have 60 consecutive days of clean breath/urinalysis/other tests before being eligible to advance to Phase II.
Employment and Training	Participants will be required to maintain employment, community service or schooling for a combined total of not less than 20 hours per week. Participants who are not employed or going to school will be required to complete the Job Seeker Registration process through the Department of Work Force Services. Participants will be required to make an appointment with Vocational Rehabilitation Services.
Community Service Hours	Persons completing community service hours must work at only approved sites. Hours are to be worked for a non-profit organizations, supervised by someone other than a relative
Housing	Participants will be required to maintain appropriate housing. Those persons with housing difficulties will be referred to local, State and Federal housing programs.
Fees	Participants are required to pay their counseling fees to-date before advancement can take place. Participants also either need to have their fines via the court and probation/paid or up-to-date or have a payment agreement in place before advancement to Phase II.
Advancement	To be considered for advancement participants will be required to present the following items to the drug court team. A completed and signed advancement application (see below). Provide an accounting of the participants self-identified goals for the phase as well as five things they have learned in treatment that support their advancement. Participants will also be expected to complete and present an Ownership Archive to be considered for advancement. This is a 2-3 page (minimum) self-evaluation in 7 of these 9 areas: 1) past relationships, 2) finances, 3) legal, 4) career/employment, 5) education, 6) parenting, 7) conflict, 8) self, and 9) emotions that led you to where you are now. This assignment should be reviewed in treatment before presenting to the team.

Honesty and Ownership: Responsibility to Self

Name of Applicant: _____

Start Date: _____

Target Phase Advance Date: _____

Date of Application: _____

Requirements	Participation	Verification
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Clean Time

60 days Clean:	Completed: Yes / No	_____
Date of last Positive UA:	_____	

Individual Therapy

Minimum number required: 12-16	Actual Participation: _____	_____
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*Note minimum Requirement- recommended treatment may increase as directed by San Juan Counseling Center

Group Therapy

Minimum number required: 28-30	Actual Participation: _____	_____
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*Note minimum Requirement- recommended treatment may increase as directed by San Juan Counseling Center

Counseling Assignments

Work Book or MRT	Completed: Yes / No	_____
Personal Goal for Phase	Completed: Yes / No	_____
Personal Goal for Phase	Completed: Yes / No	_____

Self-Help Meetings

Minimum number required: 16	Actual Participation: _____	_____
Step 1	Completed: Yes / No	_____

Work and Productivity

Minimum average of 20 hrs per week	Average Weekly Hours: _____	_____
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*Including: employment, education & community service

Financial obligations

Counseling Fees	As determined by each	_____
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Phase II- Maintenance of Recovery and Responsibility to Others

Phase II is characterized as beginning treatment and recognition of the pain caused to others. The minimum duration of Phase II is four months.

Court Requirements	Participants will be required to attend court every-other-week. Court convenes on the scheduled Monday, promptly at 9:00 a.m.
Counseling	Participants are to attend Outpatient Treatment or other recommended treatment as directed by San Juan Counseling Center. The frequency of individual therapy is every week unless otherwise specified by their therapist and group therapy for this phase is a minimum of two times per week.
Self Help	Participants are to attend Alcoholics Anonymous, Narcotics Anonymous, and/or a similar program, a minimum of once per week for each week of the phase. Participants must also complete step 1 in the 12-step program of their choice (or the equivalent to step 1 as indicated by the alternative program). All self-help meetings must be approved by the drug court team.
Progress Reports	<p>Weekly tracking Participants will be provided with a "Weekly Progress Form" to list their daily work requirements, attendance at AA/NA, group and individual therapy attended and any drug testing that was completed during the week. The Weekly Progress Form must be signed by the employer, school official or community service supervisor, sponsor of AA/NA.</p> <p>It is to be turned in to San Juan Counseling Center on Friday before 3:00 p.m. or turned in to the Tracker at the Sheriff's Office by Friday at 4:00 PM forms may be faxed to the Tracker: 435-678-2013.</p> <p>It is the participant's responsibility to make a copy of the Weekly Progress Form and to bring those copies with them to the next drug court hearing.</p>
Random Drug Testing	Participants will be required to call in daily to an "800" number to determine whether or not they are scheduled to test that day. Participants will be required to test randomly throughout the week.
Assignments	<p>There are specific assignments given in this phase by the treatment providers and each of these assignments must be completed before advancement to the next phase.</p> <p>For this phase clients will be required to complete/demonstrate substantial progress on either a recovery skills work book or the MRT workbook depending on the group schedule at the time the participant</p>

	enters the program. Either of these workbooks will be completed in conjunction with individual and group therapy. Participants will also set and accomplish two self-identified goals during this phase determined in collaboration with the drug court therapist. These goals must be presented to the drug court team by the participant's first drug court appearance in the phase.
Clean Time	Participants will be required to have at least 120 consecutive days of clean breath/urinalysis/other tests before being eligible to advance to Phase III.
Employment and Training	Participants will be required to maintain employment, community service or schooling for a combined total of not less than 25 hours per week. Participants who are not employed or going to school will be required to complete the Job Seeker Registration process through the Department of Work Force Services. Participants will be required to make an appointment with Vocational Rehabilitation Services.
Community Service Hours	Persons completing community service hours must work at only approved sites. Hours are to be worked for non-profit organizations, supervised by someone other than a relative.
Housing	Participants will be required to maintain appropriate housing. Those persons with housing difficulties will be referred to local, State and Federal housing programs.
Fees	Participants are required to pay weekly counseling charges and be paid in full to the date of advancement before advancement to Phase III. Participants also either need to have their fines via the court and probation/paid or up-to-date or have a payment agreement in place before advancement to Phase III.
Advancement	To be considered for advancement participants will be required to present the following items to the drug court team. A completed and signed advancement application (see below). Provide an accounting of the participants self-identified goals for the phase as well as five things they have learned in treatment that support their advancement. Participants will also be expected to complete and present the testimony from step 1 MRT (see MRT work book for details) to be considered for advancement.

Advancement Application: Phase II

Maintenance of Recovery and Responsibility to Others

Name of Applicant: _____ Start Date of Phase: _____

Target Phase Advance Date: _____ Date of Application: _____

Requirements	Participation	Verification
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Clean Time

120 days Clean:	Completed: Yes / No	_____
Date of last Positive UA:	_____	

Individual Therapy

Minimum number required: 8-12	Actual Participation: _____	_____
<small>*Note minimum Requirement- recommended treatment may increase as directed by San Juan Counseling Center</small>		

Group Therapy

Minimum number required: 28-30	Actual Participation: _____	_____
<small>*Note minimum Requirement- recommended treatment may increase as directed by San Juan Counseling Center</small>		

Counseling Assignments

Work Book or MRT	Completed: Yes / No	_____
Personal Goal for Phase	Completed: Yes / No	_____
Personal Goal for Phase	Completed: Yes / No	_____

Self-Help Meetings

Minimum number required: 16	Actual Participation: _____	_____
Step 2	Completed: Yes / No	_____

Work and Productivity

Minimum average of 25 hrs per week	Average Weekly Hours: _____	_____
<small>*Including: employment, education & community service</small>		

Financial obligations

Counseling Fees	As determined by	_____
Court / Probation	each agency	_____

Phase III- Maintenance of Recovery and Responsibility to Self and Others

Phase III is characterized by maintaining and enhancing progress. The minimum duration of Phase III is four months.

Court Requirements	Participants will be required to attend court every-other-week. Court convenes on the scheduled Monday, promptly at 9:00 a.m.
Counseling	Participants are to attend Outpatient Treatment or other recommended treatment as directed by San Juan Counseling Center. The frequency of individual therapy is every week unless otherwise specified by their therapist. Group therapy for this phase is a minimum of one per week after the participant has completed both the MRT and recovery skills work books. Until these work books are completed group therapy will continue at two times per week. (At a minimum individual therapy will be at least 2 times per month).
Self Help	Participants are to attend Alcoholics Anonymous, Narcotics Anonymous, and/or a similar program, a minimum of once per week for each week of the phase. Participants must also complete step 3 in the 12-step program of their choice (or the equivalent to step 3 as indicated by the alternative program). All self-help meetings must be approved by the drug court team.
Progress Reports	<p>Weekly tracking Participants will be provided with a "Weekly Progress Form" to list their daily work requirements, attendance at AA/NA, group and individual therapy attended and any drug testing that was completed during the week. The Weekly Progress Form must be signed by the employer, school official or community service supervisor, sponsor of AA/NA.</p> <p>It is to be turned in to San Juan Counseling Center on Friday before 3:00 p.m. or turned in to the Tracker at the Sheriff's Office by Friday at 4:00 PM forms may be faxed to the Tracker: 435-678-2013.</p> <p>It is the participant's responsibility to make a copy of the Weekly Progress Form and to bring those copies with them to the next drug court hearing.</p>
Random Drug Testing	Participants will be required to call in daily to an "800" number to determine whether or not they are scheduled to test that day. Participants will be required to test randomly throughout the week.
Assignments	<p>There are specific assignments given in this phase by the treatment providers and each of these assignments must be completed before advancement to the next phase.</p> <p>Participants will complete the "Beast Packet."</p> <p>Participants will also set and accomplish two self-identified goals during</p>

	<p>this phase determined in collaboration with the drug court therapist. These goals must be presented to the drug court team by the participant's first drug court appearance in the phase.</p>
Clean Time	<p>Participants will be required to have at least 120 consecutive days of clean breath/urinalysis/other tests before being eligible to advance to Phase IV.</p>
Employment and Training	<p>Participants will be required to maintain employment, community service or schooling for a combined total of not less than 30 hours per week. Participants should be gainfully employed or working toward an approved vocational rehabilitation goal.</p>
Community Service Hours	<p>Persons completing community service hours must work at only approved sites. Hours are to be worked for a non-profit organizations, supervised by someone other than a relative.</p>
Housing	<p>Participants should have stable housing for a period of not less than 90 days.</p>
Fees	<p>Participants are required to pay counseling fees in total to-date in order to advance in any phase.</p> <p>Participants also either need to have their fines via the court and probation/paid or up-to-date or have a payment agreement in place before advancement to Phase IV.</p>
Advancement	<p>To be considered for advancement participants will be required to present the following items to the drug court team.</p> <p>A completed and signed advancement application (see below). Provide an accounting of the participants self-identified goals for the phase as well as five things they have learned in treatment that support their advancement.</p> <p>Participants will also be expected to complete and present the Identity Index assignment to be considered for advancement. This assignment has a 2-3 page (minimum) and should evaluate which values and beliefs you would like to change, keep and learn. This assignment should be reviewed in treatment before presenting to the team.</p>

Advancement Application: Phase III

Maintenance of Recovery and Responsibility to Self and Others

Name of Applicant: _____ Start Date of Phase: _____
 Target Phase Advance Date: _____ Date of Application: _____

Requirements	Participation	Verification
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Clean Time

120 days Clean: Completed: Yes / No _____
 Date of last Positive UA: _____

Individual Therapy

Minimum number required: 8-12 Actual Participation: _____

*Note minimum Requirement- recommended treatment may increase as directed by San Juan Counseling Center

Group Therapy

Minimum number required: 16 Actual Participation: _____

*Note minimum Requirement- recommended treatment may increase as directed by San Juan Counseling Center

Counseling Assignments

Beast Packet Completed: Yes / No _____
 Personal Goal for Phase Completed: Yes / No _____
 Personal Goal for Phase Completed: Yes / No _____
 Work Books Completed: Yes / No _____

Self-Help Meetings

Minimum number required: 16 Actual Participation: _____
 Step 3 Completed: Yes / No _____

Work and Productivity

Minimum average of 30 hrs per week Average Weekly Hours: _____

*Including: employment, education & community service

Financial obligations

Counseling Fees As determined by each agency _____
 Court / Probation _____

Phase IV- Re-enforce & maintain a clean sober and legal lifestyle

Phase IV is the final phase of the program. The minimum duration for Phase IV is 6 months.

Court Requirements	Participants will be required to attend Court once per month. Court convenes once per month on a designated Monday promptly at 9:00 a.m.
Counseling	Participants are to attend Outpatient Treatment or other recommended treatment as directed by San Juan Counseling Center. The frequency of individual therapy is every week unless otherwise specified by their therapist and group therapy for this phase is a minimum of one per week. (At a minimum individual therapy will be at least 2 times per month).
Self Help	Participants are to attend Alcoholics Anonymous, Narcotics Anonymous, and/or a similar program, a minimum of once per week for each week of the phase. Participants must also complete step 4 in the 12-step program of their choice (or the equivalent to step 4 as indicated by the alternative program). All self-help meetings must be approved by the drug court team.
Progress Reports	<p>Weekly tracking Participants will be provided with a "Weekly Progress Form" to list their daily work requirements, attendance at AA/NA, group and individual therapy attended and any drug testing that was completed during the week. The Weekly Progress Form must be signed by the employer, school official or community service supervisor, sponsor of AA/NA.</p> <p>It is to be turned in to San Juan Counseling Center on Friday before 3:00 p.m. or turned in to the Tracker at the Sheriff's Office by Friday at 4:00 PM forms may be faxed to the Tracker: 435-678-2013.</p> <p>It is the participant's responsibility to make a copy of the Weekly Progress Form and to bring those copies with them to the next drug court hearing.</p>
Random Drug Testing	Participants will be required to call in daily to an "800" number to determine whether or not they are scheduled to test that day. Participants will be required to test randomly throughout the week.
Assignments	<p>There are specific assignments given in this phase by the treatment providers and each of these assignments must be completed before advancement to the next phase.</p> <p>By this phase clients will be required to have completed a gender specific curriculum such as Seeking Safety, Helping Men/ Helping Women Recover, etc.</p> <p>Participants will be required to organize and complete a service project (2-3 hour minimum) in a local community of their choice. Service projects must be written out, presented and approved by the drug court team at least two weeks before the project is to take place. In order to offer support and guidance San Juan Counseling's Recovery Support Coordinator should also be included in the project</p>

	<p>planning and implementation.</p> <p>Participants will complete a thorough relapse prevention plan. Participants will also set and accomplish two self-identified goals during this phase determined in collaboration with the drug court therapist. These goals must be presented to the drug court team by the participant's first drug court appearance in the phase.</p>
Clean Time	Participants will be required to have at least 6 months of clean breath/urinalysis/other tests before being eligible to graduate.
Employment	Participants will be required to maintain gainful employment, absent court consent, for not less than 40 hours per week.
Community Service Hours	Persons completing community service hours must work at only approved sites. Hours are to be worked for a non-profit organizations, supervised by someone other than a relative.
Housing	Participants will be required to maintain stable housing for a period of not less than 4 months.
Fees	<p>Participants are required to pay all counseling fees in full before graduation or advancement.</p> <p>Participants must pay all outstanding fines, fees, and restitution, including treatment fees.</p>
Graduation	<p>To be considered for graduation participants will be required to present the following items to the drug court team.</p> <p>Provide a summary of their service project and experience (this can be presented to the court at any time during this phase).</p> <p>A completed and signed advancement application (see below).</p> <p>Provide an accounting of the participants self-identified goals for the phase as well as five things they have learned in treatment that support their graduation.</p> <p>Participants will also be expected to complete and present their Mission Statement assignment to be considered for graduation. A mission statement is a succinct statement that provides clarity and gives you a sense of purpose. It defines who you are and how you will live. This assignment should be reviewed in treatment before presenting to the team.</p> <p>The following steps may be helpful in writing a mission statement.</p> <p>Step 1: Identify Past Successes. Spend some time identifying four or five examples where you have had personal success in recent years.</p> <p>Step 2: Identify Core Values. Develop a list of attributes that you believe identify who you are and what your priorities are.</p> <p>Step 3: Identify Contributions. Make a list of the ways you could make a difference.</p> <p>Step 4: Identify Goals. Spend some time thinking about your priorities in life and the goals you have for yourself.</p> <p>Step 5:</p>

	<p>Write Mission Statement. Based on the first four steps and a better understanding of yourself, begin writing your personal mission statement.</p>
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Advancement Application: Phase IV

Re-enforce & maintain a clean sober and legal lifestyle

Name of Applicant: _____ Start Date of Phase: _____

Target Phase Advance Date: _____ Date of Application: _____

Requirements	Participation	Verification
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Clean Time

180 days Clean:	Completed: Yes / No	
Date of last Positive UA:	_____	_____

Individual Therapy

Minimum number required: 12-14	Actual Participation: _____	
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*Note minimum Requirement- recommended treatment may increase as directed by San Juan Counseling Center

Group Therapy

Minimum number required: 24	Actual Participation: _____	
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*Note minimum Requirement- recommended treatment may increase as directed by San Juan Counseling Center

Counseling Assignments

Relapse Prevention Plan	Completed: Yes / No	
Gender Specific Group	Completed: Yes / No	_____
Service Project	Completed: Yes / No	_____
Personal Goal for Phase	Completed: Yes / No	_____
Personal Goal for Phase	Completed: Yes / No	_____

Self-Help Meetings

Minimum number required: 24	Actual Participation: _____	
Step 4	Completed: Yes / No	_____

Work and Productivity

Minimum average of 40 hrs per week	Average Weekly Hours: _____	
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Financial obligations

Counseling Fees	As determined by each agency	
Court / Probation	_____	_____

Group Therapy Schedule

Tuesday Groups	MRT or Recovery Skills Workbook -Phase 1&2
Thursday Groups	Gender Specific or Process Groups
Experiential/ Recreation	At least once a month on held on Thursday
Service Projects	Weekends or during Thursday group time

*Groups are held 4:00 pm at San Juan Counseling Center unless otherwise specified

The group therapy schedule is subject to change.

Experiential and Recreational groups are an important part of the drug court program. Clients will take part in the planning and implementation of these groups as needed (in conjunction the Recovery Support Coordinator). The Recovery Support Coordinator may provide assistance and participate in this groups.

Recovery Support Coordinator

In addition to the services of individual and group therapy San Juan Counseling also provides recovery support services for drug court participants. Recovery support services are offered through a Recovery Support Coordinator (RSC) whose primary goal is to reduce recidivism and offer support to those in recovery from substance abuse disorders. The RSC's role is to help connect clients to resources for things such as housing, medical, dental, employment, and other needs often encountered in recovery. The RSC conducts assessments to identify needs and risk levels and also assists in providing skill based training and support as needed.

Drug court participants are not required to work with the RSC in order to successfully complete drug court. However, working with the RSC is highly encouraged as doing so can benefit drug court

participants significantly. Participants who choose to work with the RSC will become eligible for any of the incentives listed below including early graduation from the program. In order to qualify for any of the incentives, participants must meet the following criteria:

- Complete assessments such as the RANT and the DLA (Daily Living Assessment)
- Meet regularly with the RSC over a period of time
- Set and accomplish tangible goals as a result of working with RSC
- Obtain and present voucher of approval from the RSC

Incentives will vary largely case to case depending on the participants overall commitment and accomplishment. In some cases clients may be able to reduce the length of their program by a month.

Confidentiality

State and Federal licensing requires that your identity and privacy be protected. In response to these regulations, Drug Court and its case managers and treatment providers have developed policies and procedures that guard your privacy. You will be asked to sign a Consent for Disclosure of Confidential Substance Abuse Information. This disclosure of information is for the sole purpose of hearings and reports concerning your specific Drug Court case.

Each drug court agency represented in the Drug Court Team will likely have their own forms for disclosure of confidential information and may request that you sign their agency-specific form in addition to the disclosure mentioned above.

Drug Court Program Rules

As a participant you will be required to abide by the rules outlined in the participant contract, including, but not limited to the following:

1. Totally abstain from the use of illegal drugs or alcohol, non-court-approved medications including prescriptions and over the counter medications, and alcohol.
2. Inform treating physicians that you are a recovering addict and may not take narcotic or addictive medications or drugs. Receive proof from the physician on the physician's letter head or prescription pad that you have made the disclosure and that the physician believes that it is medically necessary for you to take the medication. Return the disclosure to your treatment provider or other designated person immediately following receipt.
3. Attend court sessions and treatment sessions as scheduled, submit to random alcohol and drug testing, remain clean and sober and law abiding.
4. Do not associate with people who use or possess drugs or who has been known or is known to use or possess drugs.
5. Do not possess any weapons while in the Drug Court program.
6. Keep the Drug Court team informed of your current address and phone number at all times.
7. As a condition of participation in the Drug Court program, your person, property, place of residence, vehicle or personal effects may be searched at any time with or without a warrant, and with or without reasonable cause, when required by a probation officer or other law enforcement officer.
8. Dress appropriately for Court and treatment sessions.
9. Abide by all other rules and regulations imposed by the Drug Court Team.

Incentives

Upon the recommendation of the Drug Court Team, participants may be given rewards or incentives for compliant behavior. In addition to leading a productive life of recovery, persons progressing in the program and ultimately completing the program successfully can expect one or more of the following incentives:

- Praise from the Judge and team.
- Certificates of achievement.
- Awards.
- Advancement to next treatment phase.
- Curfew Extension
- Rebuilding relationships with family.
- Increased self-esteem.
- More personal responsibility.
- Permission to Travel
- Participants who have been successful in Drug Court will be asked for their input and assistance in further developing the Drug Court program.
- Successful completion may result in a dismissal or a reduction of the underlying charges as outlined in the plea agreement.
- Early Graduation

Sanctions

Violation of Drug Court policy and procedure will result in immediate and appropriate sanctions.

The Drug Court Judge, at his/her discretion, may employ a wide range of graduated treatment interventions to assist participants in complying with the program. They may include, but are not

limited to the following:

- Increase in Community Service hours
- Writing assignments
- Letter of Apology
- Increased drug testing
- Increased court attendance
- Sit in Custody in Courtroom
- Home incarceration
- Incarceration
- Stricter Curfew
- Home Detention
- Fines and/or restitution
- Inpatient treatment
- Termination from the program
- Imposition of original sentence.

When the Judge imposes sanctions, it is the responsibility of the participant to comply as ordered and the responsibility of the Drug Court staff to make arrangements as needed to verify compliance. Standard sanctions for violations will be imposed, but the court has the ultimate discretion to aggravate or mitigate the sanction depending on the circumstances involved.

Termination from Drug Court

Warrants, new arrests or a violation of any aspect of your treatment plan and/or Drug Court handbook or Drug Court orders, may result in your being terminated from the Drug Court Program. Other violations, which could result in termination, include the following:

- Missing and/or positive drug tests.
- Altered drug test.
- Demonstrating a lack of program response by failing to cooperate with the program.
- Violence or threat of violence directed at treatment staff, other participants of the program or other clients of the treatment providers.

Search and Arrest Requirements

As a participant in Drug Court, you are required to submit your person, vehicle, place of residence or area to search and seizure of narcotics, drugs or other contraband at any time of the day or night with or without a search warrant, without prior notice and without probable cause by any peace officer or probation officer. Any law enforcement officer who observes a current participant of Drug Court in any of the following circumstances is authorized to arrest that individual:

- In violation of any criminal law.
- Ingesting a controlled substance, marijuana or alcohol.
- Being under the influence of a controlled substance, marijuana or alcohol.
- Possessing a controlled substance, marijuana or alcohol or drug paraphernalia.
- Being in the presence of a person in possession of controlled substance(s) and
- A reasonable person in a like position, would conclude that drugs are present.

Participants detained in jail after arrest will be brought before a Drug Court Judge for a hearing.

Medication Policy

1. As you will learn during your participation in the Drug Court the issue of cross addiction (trading or changing one addiction for another) is real and is serious. Many participants have used more than one drug/substance when they began this program. You may find that it is easy to move from one substance to another in order to alter or manipulate your mood. Your cycle of addiction will continue if you simply trade one substance for another.
2. From this point forward in your life it is your responsibility to know exactly what medication or substance you are placing into your body and for you to know what medications or substances are mood altering or harmful. While in this program no drug of any kind (prescription medication, over the counter medication or supplement) is to be taken without physician approval and prior approval from your treatment provider and the Drug Court Team.
3. It is your responsibility to notify any physician, dentist, pharmacist, or other person prescribing medications that you are participating in a drug court. You have been given a notification form that you will take to any doctor or pharmacist. All prescriptions must be approved via a motion by the judge before it is filled. Failure to do so will result in a sanction.
4. It is YOUR responsibility to limit your exposure to the products and substances that contain

ethyl alcohol or which could cause your test result to be anything other than a valid negative test. It is your responsibility to read product labels, to know what is contained in products before you use them. You should not take drinks, substances or medications from non-medically qualified persons when you are sick. You should not use products containing alcohol such as: cough or cold syrup, hair spray or tonic, perfume, Isopropyl Alcohol (medical alcohol), after shave lotion, mouth wash, wood alcohol, hand sanitizer, non-alcoholic beer or wine. Of course this is not a complete listing so your rule should be “When in Doubt, Don’t Use It.”

5. The Drug Court Team relies on expert medical input to determine whether or not a prescription for an addictive or intoxicating medication is medically indicated and whether non-addictive, non-intoxicating, and medically safe alternative treatments are available. If such a medication is medically indicated after alternative treatments have been ruled out, then your approval to use said medication will be conditioned on close monitoring by a physician (preferably one with training in addiction psychiatry or addiction medicine). The medication must be used the shortest amount of time possible as indicated by the physician and there must be a taper off plan in place.

Medication List

The following drugs/medications are not to be taken unless approved by the judge. This list is not intended to be all inclusive. All medications must be cleared by the Judge prior to taking.

A

Adipex-P, generic: Phentermine
Actio
Actonel or Restoril, generic: Risedronate Sodium
Adderall, generic: Amphetamine Mixed Salts
Alcohol or anything containing alcohol
Alurate
Ambien
Amytal, generic: Amobarbital
Appedrine, generic: Amobarbital
Appedrine (Ephedra)
Atarax or Tracrium, generic: Atracurium Beslate
Ativan, generic: Lorazepam
Atropen, generic: Atropine

B

Benzadrine (bennies or whites)
Biphetamine
Brevibloc or Equanil
Brevital, generic: Methohexital
Bromo-quinine
Bontril or Prelu-2, generic: Phendimetrazine
Tartrate
Buspar, generic: Busipirone
Butabarbital
Butalbital
Butisol or Butisol Na.
Butotenine (Dimetylsertomin)

C

Carbital
Centrax, generic: Prazepam
Chloral Hydrate Compoz
Clonazepam, generic: Klonopin
Cociane
Codeine (including cough syrup)
Compazine, generic: Prochlorperazine
Control
Cylert

D

Dalmane, generic: Flurazepam
Damason-P
Darvon or Darvocet
Demerol
Deprol or Diproline, generic: Betamethasone
Diproprionate
Desbutal (greens)
Desoxyn or Methamphetamine
DET (Diethyltrypanine)
Dexamyl
Dexatrim
Dexaspan
Dexedrine, generic: Dextroamphetamine Sulfate
Dexies (hearts)
Didrex, generic: Benzphetamine HCL
Dilaudid
DMT
Dolene
Dolophine or Methadone
DOM (Demethoxyamphetamine)
Donnatal or Belladonna (herbal)
Doriden or Doridanm, generic: Gluthemide
Duragesic
Duramorph

E

Ephedra products
Efed 11
Empirin #1,2,3,4, w/ Codeine
Empracet w/ Codeine
Equanil, generic: Esmol HCL
Equinal or Meprobarbarnate, Miltown, or Milpath
Equgesic or Meprobarbarnate
Epzicon, generic: Limbitrol
Eskatrol
Eskobarb

F

Fastin, generic: Phentermine Hcl

Fentanyl-Sublimaze
Fiorinal, generic: Butalbital, COD 30
Fiorinal #1, 2, 3, 4, w/ Codeine
G
GHB (Gamma-Hydroxybutyrate)
Goody's Powder (containing any Ephedrine)

H

Halcion, generic: Triazolam
Hashish or Hashies
Herion (E, Horse, Dope, Smack, Junk)
Hydrocodan
Hydrocodone (Vicodin)
Hyosoinine
Hy-Phen

I

Ibogaine
Ionamin, generic: Phentermine Resin Sa
Innovar, generic: Fentanyl w. Droperidol
Inhalants (Paint, Freon, substance under
pressure not for medical use)

K

Ketamine or Ketalar SV
Klonopin, generic: Clonazepam

L

Lamm (L-Alpha Acetyl Methadol)
Laudanum
Leritine
Levo-Dromoran
Libritabs
Limbital or Epzicon, generic: Lamivudine,
Abacavir
Librax or Librium, generic: Chlordiazepoxide,
Clidinium
Lomotil
Lorcet, generic: Hydrocodone
Lortab
LSD (Lysergic Acid, Acid, Diethylamide)
Lunesta
Luminal (Blue Heavens)

M

Mazanor
Marijuana (Pot, THC, Grass, Mary Jane)
Mebaral, generic: Mephobarbitas
Melfat
Melfiat
Mepergan Forte
Meprobarbinate or Miltown or Milpath, generic:
Hydroxyzine
Methadone
Methaqualone
Methamphetamine (Speed, Meth, Desoxyn,
Methadrine)
Mescaline
MDMA (Methylene Dioxy-Methamphetamine)
Miles Nervine
Morphine

N

Nembutal (Yellow Jackets), generic:
Pentobarbital
Noctec G Chloral Hydrate
Noludar
Norflex, generic: Orphenadrine
Norgesic
Nubian
Numorphan
Nytol or Nyquil

O

Opium
Oxycodone
Oxycontin

P

Pailocybin
Pantopan
Paraldehyde
Parafon Forte, generic: Chlorzoxazone
Paregoric
Parest
Pathibamate
Paxipam generic: Halazepam
PCP (Phencyclidine)

Pentazocine
Pentothal, generic: Thiopental
Percocet or Perco barbs or Percodan
Peyote
Phenaphen #1, 2, 3, 4, w/Codeine
Phenergan generic: Promethazine
Phenobarbital or Phenob
Phenzocine
Placidyl, generic: Ethchlorvynol
Plegine, generic: Hydroxychloroquine Sulfate
Pondimin, generic: Fenfluramine Hcl
Prelu-2, generic: Phendimetrazine Tartrate
Preludin
Pro-Banthine

Q

Quaalude

R

Restoril or Actonel w/ Calcium, generic:
Risedronate Sodium
Ritalin, generic: Methyphenidate
Robaxin or Robaxisal, generic: Methocarbamol
Robitussin A-C
Rohypnol, generic: Flunitrazepam
Roxonal
Roxicet
Roxicodone

S

Sanorex, generic: Mazindol
Seco Barbital or Seconal (Red Devils)
Serax, generic: Oxazepam
Scolpomine
Sodium Luminal
Sodium Phenobarbital
Sonata
Soma, generic: Carisoprodol
Sopor, generic: Methaqualone
Stadol

Sublimaze or Fentanyl
Surital
Synalogs-D

T

Talacin C
Talwin, generic: Pentazocine Lactate
Tenuate, generic: Diethylpropion Hcl
Tic Opium
Tramadol or Ultram
Trancopa, generic: chlormezanone
Tranxene, generic: Clorazepate Dipotassium
Trazadone (XMAS Tress, Rainbows) or Seco
Barbital
Tussionex
Tylenol #1, 2, 3, 4
Tylox

U

Ultram, generic: Tramadol Hcl

V

Valium, generic: Diazepam
Valpin
Veronal
Versed, generic: Midazolam Hydrochloride
Vesprin
Vicodin or Hydrocodone
Vicoprofen, generic: Hydrocodone w/Ibuprofen
Vistaril, generic: Hydroxyzine

W

Wygesic, generic: Propoxyphene

X

Xanax, generic: Alprazolam

Z

Zydone, generic: Hydrocodone w/
Acetaminophen

Do not use products containing alcohol such as: Couch syrup, hair tonic/coloring, perfume, cologne, medical alcohol, wood alcohol, after shave lotion, sterno, mouth wash, and extracts (lemon, vanilla, etc).

Drug and Alcohol Testing

You will be drug tested randomly throughout the entire Drug Court Program.

1. It is the expectation of this program that each participant remains abstinent from all mood-altering substances throughout the course of their involvement with the Drug Court Program. Frequent and random drug testing is used to monitor participants' compliance. You may be asked to submit to a sample at any time by any member of the San Juan Adult Drug Court Team. You must be prepared to submit a specimen at the time of the request to whomever asks: Drug Court Tracker, Probation Officer, Treatment Clinicians, etc. Failure to submit to a drug screening, refusal to provide a sample, tampering with or diluting, altering or providing an insufficient sample for a test will be grounds for a sanction.
2. Random Drug Testing: As a participant of the drug court program you are subject to random screens, for which you will call in daily. Appearance for random drug testing is mandatory. Failure to appear for a random test is a violation of the terms of the Drug Court Program and will be addressed by the Court. Drug testing includes specimen testing for alcohol and intoxicating substances. Specimen testing may include urine, sweat, oral fluid, hair, blood or eye scanning.
3. Procedure for Daily Random Drug Testing: Prior to 08:30 AM, daily, you are to call 1-800-494-1250 and listen to the message provided. You will be instructed to enter your name and a special code and then the computer will tell you whether or not you are

required to test for that particular day. If you are to test that day you will appear at the testing site between 8-9 AM for testing. If you are not indicated for testing you will not be required to test that day under the random system. However, you may still be asked by any Drug Court Team, member during that day to provide a sample and you will need to comply with that request. If, for any reason, there is a problem with the phone system or with the message, you will be required to show for testing that day. You will be notified in advance of any changes to these procedures.

Drug Testing Procedure

- You must indicate an admission or denial of alcohol and/or drug use. Honesty is a crucial component for recovery and participation in Adult Drug Court. The court will consider self-disclosure of drug or alcohol use a positive step toward treatment.
- The only people allowed in the testing area at the time of administration are you and the individual overseeing the collection of the sample.
- A sample is to be submitted within thirty minutes (30) of request outside of the morning testing time or by the end of the testing time for daily morning testing. Failure to produce a sample will be viewed as a positive test and will be subject to sanctions.
- You may not carry purses, coats, bags, etc. into the testing area.
- Shirtsleeves should be rolled up to the elbow and you may be requested to remove additional clothing to ensure the validity of a specimen.
- The test cup must contain a minimum 1/3rd level to be adequate for testing.
- Collection of urine sample will be observed. In the event a drug test cannot be observed, a temperature strip will be used to ensure sample integrity. If a sample does not provide an acceptable reading on the temperature strip, the participant is required to provide another sample before leaving the collection site.
- Use of artificial device of any type to alter the test, including specimen substitution, will result in significant sanctions, including possible termination from the program
- Failure to comply with any of the above guidelines or refusing to provide a sample is considered an offense worth sanctioning.

4. You may not be able to stop using alcohol/drugs immediately and recovery will not occur overnight. However, any use of illegal drugs will be sanctioned. You will be held accountable for everything that you put into your body. This is not intended as punishment but does serve to encourage abstinence. The ultimate goal of drug testing is to provide accountability and confirmation of our progress toward recovery.

5. Participants must provide a testable sample. Samples that are dilute or tampered with will result in a sanction. A dilute sample is one where the creatinine level is below a certain level (20ng/mL). Creatinine levels below 20ng/mL are not normal and are indicative of consumption of large quantities of water or fluids. You are cautioned to not consume more than 8 ounces of liquid 1 hour prior to testing. A tampered sample is one where the urine is in a condition that is not testable due to interference or other chemical reaction or is otherwise altered. This includes specimen substitution.

6. As part of your participation in the drug court program, you are agreeing to: 1) either the collection or sending of sample to an accredited drug testing laboratory for analysis, or 2) to the use of on-site drug screening devices that will yield an immediate presumptive result. Once you have been notified of a presumptive positive, dilute or otherwise altered test, you will have the opportunity to either sign a Statement of Admission to the test result or, if you disagree with the outcome, you may request a confirmation test be

completed by signing a confirmation Request. If you fail to sign either a Statement of Admission or a Confirmation Request within one week from the date of the test result, you waive any right to challenge the accuracy or validity of the initial test result. You will be responsible for the costs of all presumptive and confirmation tests which are confirmed as positive or dilute or otherwise altered. If the results of the confirmation test are confirmed as negative you will not be responsible for the cost.

Graduation

Before you graduate, you may be asked to come to a case conference meeting to give the Case Management Team your ideas about the Drug Court experience.

- Are there ways that it could be improved?
- What was helpful for you? What was not?

Graduation from Drug Court does not necessarily end your probation period, so check with your probation officer to see what orders (such as drug screens) are still in place for you once you graduate.

Graduation is held during the Drug Court session. You may invite others to be present to watch your graduation which marks an ending and a beginning. All graduates of the Adult Drug Court Program have demonstrated courage, persistence, growth and grit. By your success, you will give hope to those who are following behind you. You are encouraged to return on occasion to give hope and inspiration to others going through the program.

Graduating from the Drug Court signifies that you have gained proficiency in recognizing triggers that lead to your abuse of substances and in finding and using available tools and resources to avoid a relapse. Continued success is assured if you continue to use what you have put together during Drug Court by making use of the resources and skills that have enabled you to reach this point. You remain in charge of and responsible for your own future.

Conclusion

The goal of the San Juan County Adult Drug Court Program is to help you achieve a life free of dependence on mind-altering substances. The Judge, court staff and the Drug Court Team are here to guide and assist you, but the final responsibility is yours. To succeed, you must be motivated to make this commitment to a drug free life.

Start Date: _____	Minimum Duration	My Expected Advancement
Phase I	4 Months	
Phase II	4 Months	
Phase III	4 Months	
Phase IV	6 Months	
My Graduation Goal Date:		

Drug Court Contact Information

San Juan Counseling:	435-678-2992
Testing Phone:	800-494-1250 (enter PIN #)
County Attorney:	435-587-2128 sjattorney@sanjuancounty.org
Probation Officer:	Monticello: 435-587-2237 Moab Office: 435-259-7411x211
Participant Attorney:	435-259-9418 435-260-1515
Drug Court Tracker:	435-587-2237
Seventh Dist. Court:	435-587-2122
Other	

Summary of Drug Court Participation Rules

1. You will totally abstain from the use of illegal drugs and alcohol.
2. You will inform all treating physicians that you are a recovering addict and may not take narcotic or addictive medications or drugs. You will receive confirmation from the physician on his/her letterhead that you have made the disclosure. You will provide the disclosure to the Court.
3. You will attend court sessions and treatment sessions as scheduled, submit to random alcohol and drug testing, remain clean and sober and law abiding.
4. You will not associate with people who use or possess drugs, nor will you be present while drugs or alcohol are being used by others.
5. You will not possess any weapons while in the Drug Court program and will disclose the presence of any weapons possessed by anyone else in your household.
6. You will keep the Drug Court team, case manager, treatment provider and police officer liaison informed of your current address and phone number at all times.
7. As a condition of participation in the Drug Court program, your person, property, place of residence, vehicle or personal effects may be searched at any time with or without a warrant, and with or without reasonable cause, when required by a probation officer or other law enforcement officer.
8. You will dress appropriately for Court and treatment sessions. You are expected to wear a shirt or blouse, pants, dress or skirt of reasonable length. Shoes must be worn at all times. Clothing bearing violent, racist, sexist, drug or alcohol-related themes or

promoting or advertising alcohol or drug use is considered inappropriate. Hats may not be worn. Gang attire is also inappropriate.

9. You will abide by all other rules and regulations imposed by the Drug Court.

Finances and Fees

1. As a condition of your participation in the Drug Court program, you are responsible for the cost of your treatment and supervision. Therefore, seeking and maintaining employment is a condition of your continued participation. Participants who are employed are less likely to use drugs or alcohol and are less likely to leave treatment. A person who is working also has a better sense of fulfillment, self-esteem and overall satisfaction.
2. A substance abuse assessment fee is \$132.50, and is due at the time of the first scheduled appointment.
3. There are fees charged for counseling services (group and individual therapy) that are determined by household income. It is your responsibility to keep your fees current (paid up). These fees are to be paid to San Juan Counseling Center and kept current (paid to-date) in order to advance.
4. You are expected to pay your participant and supervision fees in full monthly. The Drug Court is willing to work with individuals in regard to financial issues. However, a requirement of Drug Court is that you must pay for the treatment services and supervision services received throughout your time in Drug Court. If you are unable to meet these payment obligations, it is your responsibility to discuss your situation with the Probation Officer and/or Treatment Provider and to develop a solution.
5. Please note that court sanctions will be imposed if the fees are not paid or an appropriate payment plan is not met and fees paid according to that plan.

Appendix- Forms

Consent for Release of Confidential Protected Health Information

Drug Court Participation Contract

Performance Contract

Weekly Progress Form

**San Juan County Adult Drug Court Program
Seventh Judicial District Court, Monticello, Utah**

**CONSENT FOR THE RELEASE OF CONFIDENTIAL PROTECTED HEALTH
INFORMATION:**

I, _____, authorize the San Juan County Drug Court, the Court Probation Department employees supervising my case(s), those serving as Drug Court coordinators and case managers, and those participating in Drug Court case management conferences and their supervisors including treatment providers and law enforcement representatives, to communicate with, share, and disclose to one another all of my substance abuse treatment information including my identifying information, my mental health, psychiatric, and medical information, my diagnoses, my urinalysis and other substance testing results, my attendance or lack of attendance at treatment sessions and appointments, my cooperation with treatment, my progress in treatment, and opinions concerning my prognosis. The purposes of the disclosure are to inform the above of my attendance and progress in treatment and to assist them in evaluating and managing my recovery from substance abuse. I am willing to have information relating to drug or alcohol use, AIDS or HIV status disclosed to the above-identified parties.

I understand that my non-identifiable information will be used for evaluation purposes of Utah Drug Courts.

I understand that my alcohol and/or drug treatment records are protected under the federal regulations governing Confidentiality of Alcohol and Drug Abuse Patient Records, 42 C.F.R. Part 2, and the Health Insurance Portability and Accountability Act of 1996 (HIPAA), 45 C.F.R. Parts. 160 & 164. I also understand that I may revoke this consent at any time except to the extent that action has been taken in reliance on it, and that in any event this consent expires automatically at the end of my term of probation or upon further court order, whichever shall first occur. Any revocation must be in writing.

I understand that I might be denied services if I refuse to consent to the disclosure for purposes of treatment, payment, or health care operations, if permitted by state law. I will not be denied services if I refuse to consent to a disclosure for other purposes.

I recognize that hearings are held in an open and public courtroom and it is possible that an observer could connect my identity with the fact that I am in treatment as a participant of a Drug Court. I specifically consent to this potential disclosure to third persons.

I understand that if I refuse to consent to the disclosure or attempt to revoke my consent prior to the expiration of this consent, that such action is grounds for immediate termination from the Drug Court.

I acknowledge that I have been advised of my rights, have received a copy of this form and have had the benefit of legal counsel or have voluntarily waived my right to an attorney. I am not under the influence of drugs or alcohol. I fully understand my rights and I am signing this consent voluntarily.

My consent to disclosure specifically includes the following and those who assist them in their work:

- : Judges who preside over Drug Court including _____, _____;
- : Probation Department employees including _____, _____;
- : Law enforcement employees including _____;
- : Treatment employees including _____, group leaders, and individual counselors,
- : My medical care providers _____

Defendant: _____ Date: _____

Witness: _____ Position: _____

San Juan County Adult Drug Court Program

PARTICIPANT CONTRACT

I, _____, with a birth date of _____, and an address of: _____ have entered a guilty plea in Case No. _____, to wit; violation of _____

I understand that by entering into this Drug Court Contract, I am bound by its terms. I understand that if I am accepted into this program, it will be as a result of a Plea In Abeyance or as a Condition of Probation. I understand that in addition to the terms of this agreement, I am bound by the terms and conditions of the Plea Agreement, Plea In Abeyance, and/or Probation Agreement.

I understand that if I fail to satisfactorily complete the Drug Court Treatment Program, the Court will remove me from the program, revoke my probation and sentence me in accordance with the provisions of the law.

I understand that the Drug Court Treatment Program is a special program which requires reliance on drug testing and the recommendations of treatment personnel in imposing treatment conditions and/or sanctions for violating Drug Court rules, policies, or requirements. I understand further that in the event there is a claim that I failed a drug test or I am otherwise not in compliance with the policies, rules or requirements of the Drug Court Treatment Program, the Court may impose sanctions, other than removal from the Program, without conducting a hearing and without providing me with counsel. I further understand that the sanctions which the Court may impose without a hearing or counsel for failure to comply with the policies, rules or requirements of the Program may include, but are not limited to: modification of treatment conditions; administrative sanctions; community service; fines; day in jail or a specified jail term. In the event there is a claim that I have failed to comply with the policies, rules, or requirements of the Drug Court Treatment Program, I hereby waive my right to a hearing or counsel on that claim and agree to proceed without counsel on a hearing for the imposition of any sanction other than removal from the Drug Court Program.

_____ 2) I understand that the validity of this contract is conditioned upon my eligibility for the Drug Court Program. If at any time after the execution of this agreement and in any phase of the Drug Court Program, it is discovered that I am, in fact, ineligible to participate in the program, I may be immediately terminated from the program and criminal proceedings will be reinstated. I will not be allowed to withdraw my previously entered plea of guilty unless my ineligibility is

based on facts or information which should have been known to the prosecutor prior to Drug Court admission, or upon Constitutional grounds.

_____ 3) I understand that if I enter this program and fail to complete it, I may be barred from future participation.

_____ 4) I understand that participation in Drug Court involves a minimum time commitment of 18 months.

_____ 5) I understand that during the entire course of the Drug Court program, I will be required to attend court sessions, treatment sessions, submit to random drug testing, remain clean and sober, and law-abiding. I agree to abide by the rules and regulations imposed by the Drug Court Team. I understand that if I do not abide by these rules and regulations, I may be sanctioned or terminated from the program.

_____ 6) I understand that sanctions may include time in custody, increased treatment episodes, increased testing, community service and such other sanctions as may be deemed appropriate by the Drug Court Team.

_____ 7) I agree to cooperate in an assessment/evaluation for planning an individualized drug treatment program adequate to my needs. I understand that my treatment plan may be modified by the treatment provider or the Drug Court Team as circumstances arise, and I agree to comply with the requirements of any such modifications.

_____ 8) I understand that I will be required to pay for some or all of the cost of my treatment, and I will complete a financial declaration if necessary.

_____ 9) I understand that I will be tested for the presence of drugs and/or alcohol in my system on a random basis according to procedures established by the Drug Court Team and/or treatment provider. I understand that I will be given a location and time to report for my drug test. I understand that it is my responsibility to report to the assigned location at the time given for the test. I understand that if I am late for a test, or miss a test, it will be considered "dirty" and I may be sanctioned.

_____ 10) I understand that substituting, altering, diluting or trying in any way to change my body fluids for purposes of testing will be grounds for immediate termination from Drug Court.

_____ 11) I understand that participating in Drug Court requires me to be drug and alcohol free at all times. I will not possess drugs (including marijuana) or alcohol, or drug or alcohol paraphernalia. I will not associate with people who use or possess drugs, nor will I be present while drugs or alcohol are being used by others.

_____ 12) I agree to be drug/alcohol tested at any time by a police officer, probation officer, treatment provider, or at the request of the court of any agency designated by the court.

_____ 13) I understand that I may not possess any weapons while I am in Drug Court. I will dispose of any and all weapons in my possession, and disclose the presence of any weapons possessed by anyone else in my household. Failure to dispose and/or disclose may result in termination from Drug Court and possible prosecution for any illegal possession of any weapon.

_____ 14) I agree to inform any law enforcement officer who contacts me that I am in Drug Court.

_____ 15) I understand that I may not work as a confidential informant with any law enforcement agency while I am in Drug Court, nor may I be made or encouraged to work as a confidential informant as a condition of my full participation in the Drug Court program.

_____ 16) I may not participate in Drug Court if I am currently an affiliated gang member.

_____ 17) I will inform all treating physicians that I am a recovering addict, and may not take narcotic or addictive medications or drugs. If a treating physician wishes to treat me with narcotic or addictive medications or drugs, I must disclose this to my treatment provider, provide the disclosure to the treatment team, and get specific permission from the Drug Court Team to take such medication.

_____ 18) I agree to be responsible for what goes into my body that may affect drug test results. Before taking medication of any kind, I will check with the pharmacist to ensure that it is non-narcotic, non-addictive and contains no alcohol. I will pre-register any and all medications, prescribed or over-the-counter, with my treatment provider and with the Drug Court and get specific permission from the Drug Court Judge to take any such medication.

_____ 19) I agree that I will not leave any treatment program without prior approval of my treatment provider and the Drug Court Team.

_____ 20) I understand that I may dispute positive test results, but that re-testing will be at my expense, and that I may face more severe sanctions for a re-test that is still positive.

_____ 21) For the purposes of regular Drug Court review hearings, I agree to waive my right to have my attorney of record present. I understand that my case may be discussed without my attorney or the prosecutor present.

_____ 22) I understand that my individual course of treatment may include residential treatment, education, and/or self-improvement courses such as anger management, parenting or relationship counseling.

_____ 23) I understand that during the early phases of treatment and recovery, I may be precluded from working or from gaining employment. I further understand that within the time directed by the Drug Court Team, I will seek employment, job training and/or further education as approved by the Drug Court Team, and that failure to do so may result in sanctions or termination.

PERFORMANCE CONTRACT

In return for the opportunity to participate in the Drug Court Program, I _____, have consented to enter the 7th Judicial District Adult Drug Court. I understand and agree that I have certain obligations and responsibilities and will have to follow orders given to me by the Judge, Drug Court personnel, and other people involved in the Drug Court Program.

MY RESPONSIBILITIES ARE:

- I must remain drug free.
- I must not consume or purchase alcoholic beverages or illegal drugs, nor to visit places where alcohol or illegal drugs are sold, dispensed, or used. I further understand that I am not to go into bars, liquor stores, taverns, clubs, parties or places where alcohol is the main item for sale or consumption.
- I must attend all court sessions as ordered.
- I must not attend any program requirement under the influence of alcohol or any illicit drug. I must not attend any program requirement while in possession of an illegal drug or weapon of any form, including firearms and knives.
- I must contact my Probation Officer, Tracker, Case Manager or other personnel as directed.
- I must submit to any rehabilitative, medical, psychological, psychiatric, educational, vocational, or alcohol or other drug treatment program as directed by the Drug Court, including aftercare.
- I must obey all laws; I understand that if I engage in any criminal act, I may be revoked from the Drug Court Program and prosecuted for any new charges(s).
- I must submit to urinalysis for testing upon request of the Drug Court even if it is not my designated testing date; a refusal, altered, or failure to provide a urinalysis, at time of request, missed test, or a dilute will be viewed by the Drug Court as a positive test result and sanctions will be imposed. I know that all tests that are not a valid negative sample provided as directed are positive tests.
- I understand that I must be employed, in school or treatment care as required by the Drug Court Judge.
- I must not commit acts of violence or threats of violence.
- I shall not refuse to comply with any program requirements:
 - ✓ Attend all counseling sessions and be on time.
 - ✓ Attend all Drug Court appearances and be on time.
 - ✓ Complete all counseling assignments and participate in all counseling sessions.
 - ✓ Make satisfactory progress in the program as measured by phase requirements.
 - ✓ Notify my treatment provider and the court of any drugs prescribed for me by a physician, and obtain Court permission before I begin taking them, and provide

written notification from my physician that I have disclosed that I am in Drug Court, and received a statement from the physician that this medication is medically necessary.

- Further, I will keep all appointments and be on time as required of me by the Drug Court and all program resource providers in the areas of:
 - ✓ Treatment programs.
 - ✓ Counseling programs.
 - ✓ Educational programs.
 - ✓ Vocational programs.
 - ✓ Tracker/Probation Officer.
 - ✓ Community service.
 - ✓ Other reasonable rehabilitation requirements, including aftercare.
- I must comply with Courtroom Behavior and Rules including but not limited to the following:
 - ✓ I will not talk in the Courtroom during Drug Court proceedings.
 - ✓ I will dress appropriately for court as follows:

- ❖ Shirt tails tucked in.
 - ❖ No tank tops, muscle shirts, crop-tops, or shirts with obscene words or pictures (including drug related themes).
 - ❖ No sagging (i.e. jeans sagging below waist line).
 - ❖ No unbuttoned shirts.
 - ❖ No hats, caps or bandannas.
 - ❖ No gang attire of any kind.
 - ❖ No cell phones or pagers.
 - ❖ No shorts.
- ✓ I will not lean against the court podium but will stand on my own feet.
 - ✓ I will not bring food or drinks into the Courtroom.
 - ✓ I will remain in the Courtroom until I am dismissed by the Drug Court Judge.
 - ✓ I will refrain from use of any profanity.
 - ✓ I will speak clearly and directly when addressing the Drug Court Judge, County Attorney, or any other officer of the Court.
 - ✓ I will attend all scheduled Court appearances on time and immediately be seated in the Courtroom.
 - ✓ I will not change my address, telephone number or employment without first consulting with the Drug Court.
 - ❖ I must tell the Drug Court within 48 hours if I change employment.
 - ❖ I will keep gainfully employed as long as physically able to do so.
 - ❖ I must tell the Drug Court before I move or change my telephone number or disconnect my phone.
 - ✓ I will promptly and truthfully answer all inquiries directed to me by all Drug Court Team members, and I will allow any representative of the Drug Court to visit my home, place of employment, or elsewhere at any time. I will carry out all instructions given to me by the Drug Court or its representatives.
 - ✓ I will not violate any city, state, or federal law.
 - ✓ I will not, in any way, communicate with persons on probation, parole, or who are ex-convicts or inmates, nor will I associate with persons having a criminal record; UNLESS, said person is attending the Drug Court Program or such association is approved by the Drug Court prior to the contact taking place; nor will I work as a Confidential Informant (CI) for any law enforcement agency.
 - ✓ I will agree to sign all authorizations for release of information requested by the Drug Court and/or treatment provider(s) and other resource providers. I realize that this condition is necessary to allow cross-reporting of my compliance with program conditions. I further understand that the release of information cannot be revoked until completion of or revocation from the Drug Court Program. Failure to sign the authorization for release my make me ineligible for the program.
 - ✓ I agree that, in the event I fail to keep any program appointment (in the absence of an explanation satisfactory to my Treatment Provider or a member of the Drug Court Team), fail to comply with any reasonable requests or requirements of my Treatment Provider or a member of the Drug Court Team and resource providers, or test positive for any non-prescribed drug and alcohol, my Treatment Provider or a member of the Drug Court Team may immediately make necessary recommendations prior to staffing with the Drug Court.

- I agree that I will comply with immediate impositions that are within the San Juan County Adult Drug Court Program guidelines until reviewed by the Drug Court as directed by the Treatment Provider or a member of the Drug Court Team, at the next earliest court docket date.
- If I do not agree that I committed the alleged breach of this agreement, I shall continue on the program until the next Drug Court docket and shall continue to obey all lawful orders of my Treatment Provider or members of the Drug Court Team.
- I have the right to be heard at the next Drug Court Docket, but I am aware that the Drug Court can support and in some cases impose additional sanctions in the event of a finding that this agreement has been violated.
- I acknowledge that I have been informed that a finding by the Court, in its sole discretion, of a willful failure to comply with any treatment and rehabilitation requirements may result in my revocation from the program and imposition of sentence as provided in the Plea Agreement.
- I will pay all fees, court costs, treatment fees, restitution costs, victim compensation, attorney fees, mental health assessment fee, and laboratory fee as ordered by the Drug Court. All such payments are to be made by cash, cashier's check or money order as directed.
- I will comply with all lawful directives issued by the Judge, agent or agency of the Drug Court.
- I understand that, if I am physically able, I am required to maintain full-time employment (or part-time as agreed to by the Drug Court) unless involved in an approved educational/vocational program or inpatient treatment program.
- If unemployed, I will be required to be actively searching for employment and provide verification of search to the Judge.
- I will be required to complete community service hours as directed by the Judge, agent or agency of the Drug Court until I am employed or in an approved educational/vocational program.
- Failure to be employed, or in school may result in removal from the program.
- I will remain under the supervision of the Drug Court Program UNTIL FURTHER ORDERED BY THIS COURT.
- I will not own or carry firearms of any type, or perpetrate any falsehood or deception, or misrepresent any truth to any branch of government or a representative thereof.
- I understand that, at any time or place, I am subject to search by the Drug Court or representative(s) of the Drug Court or any law enforcement agency. In addition, my vehicle, residence and property under my control are subject to search, should a representative(s) deem it necessary.
- I hereby waive extradition to the State of Utah from any jurisdiction in or outside the United States where I may be found and also agree that I will not contest any effort by any jurisdiction to return me to the State of Utah.
- I will conduct myself in all respects as a good and law-abiding citizen.
- I will perform any and all community service hours to be completed as Drug Court directs.
- I agree to special conditions as follows:

- I understand if I fail to follow the terms of my agreement, the Drug Court may impose sanctions, tasks or increase treatment on me which can include, but are not limited to:
 - ✓ Increased urinalysis.
 - ✓ Increased court appearance.
 - ✓ Additional self help treatment.
 - ✓ Additional meetings.
 - ✓ Writing an essay on a Drug Court related topic.
 - ✓ Community Service.
 - ✓ Incarceration in the San Juan County Jail.
 - ✓ Re-phase to an earlier phase of treatment.
 - ✓ Placement in Community Residential treatment for specified period.
 - ✓ Increased level of supervision.
 - ✓ Facilitating treatment group.
 - ✓ Re-evaluation of treatment plan.
 - ✓ Bond Forfeiture or Warrant.
 - ✓ Termination Status.
 - ✓ Revocation, which includes being convicted and sentenced in accordance with the negotiated plea agreement.

I hereby acknowledge that I have read and understood my responsibilities as set forth here in above, and I have agreed to abide by each and every rule this _____ day of

_____, _____.

DRUG COURT JUDGE

COUNTY ATTORNEY

ATTORNEY FOR THE DEFENDANT

DEFENDANT

San Juan County Adult Drug Court Weekly Progress Form

Participant's Name: _____ Date: _____

of UA Samples Taken: _____ Sample Dates: _____

Missed Tests or Call-Ins: _____ Dates: _____

Individual Therapy Sessions Assigned: _____ Individual Therapy Sessions Attended: _____

Group Therapy Session Assigned: _____ Group Therapy Sessions Attended: _____

Missed Therapy Session Excused: _____ Missed Therapy Session Unexcused: _____

Date

Date

Self-Help Meetings Assigned: _____ Attended Self-Help Mtgs: _____

Signature from meeting: _____ Phone: _____

Signature from meeting: _____ Phone: _____

Employment (place): _____ Hours this week: _____

Additional Employment: _____ Hours this week: _____

Signature from Supervisor: _____ Phone: _____

Community Service Place: _____

Supervisor's Signature: _____ Hours this week: _____
Phone: _____

Education place: _____ Hours this week: _____

Signature school personnel: _____ Phone: _____

Signature of Participant: _____ Date: _____

Turn in by Friday at 3 PM to San Juan Counseling
Turn in by Friday at 5 PM to San Juan Sheriff's Office: Fax 435-587-2013