



UTAH STATE COURTS

Divorce Education for Children Online

WHAT WE DO



- ▶ *Free of cost*
- ▶ *For children ages 6 - 17*
- ▶ *Classes in English and Spanish*
- ▶ *Taught by licensed mental health professionals*

1

IDENTIFY FEELINGS

Help children identify and express difficult feelings common in divorce

2

EMPOWER KIDS

Teach coping techniques and communication skills kids can use at home

3

ENHANCE UNDERSTANDING

Clarify divorce related misconceptions and emphasize divorce is not their fault

4

ENCOURAGE SUPPORT

Foster a supportive group environment by connecting kids with other kids going through similar situations

Register your child online or by phone **801-578-3897**

www.utcourts.gov/divorceedforchildren/

