



# The Protective Factors

## Parental Resilience

The process of managing stress and functioning well even when things are difficult

## Social connections

Positive supportive relationships with friends, family, and community that parents reach out to

## Knowledge of Parenting & child Development

Understanding child development and parenting in ways supportive of healthy development such as having realistic expectations

## Concrete supports in Times of Need

Awareness of resources and accessing services that help meet the family's basic needs treatment services

## Social Emotional Competency of children

Children's age appropriate ability to manage their emotions, communicate feelings and build healthy relationships with their peers and adults